



colonic groups

The following list will help you to identify an approximate number of colonics that will be most beneficial to your health according to lifestyle, symptoms, and diseases you are aware of. Every person and condition is individual, so recommended sessions will vary.

Which group do you belong to?

| GROUP A (2-5 colonics) | GROUP B (5-20 colonics) | GROUP C (20+ colonics) |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Currently eats healthfully Healthy eating history Symptoms of cold/flu Back pain Dehydration Gas/bloating Current PMS Headache Occasional constipation Diarrhea Health maintenance Regular exercise | Nutrient depleted diet Allergy elimination support Cleansing support Chelation support Diarrhea Parasites/worms/candida PMS/hormonal problems Headaches/migraines Constipation history Chronic sinusitis Arthritis Weight loss Hemorrhoids | Poor diet Heavy red meat eater Hypertension Anti-aging Weight loss Weight maintenance PMS/hormonal problems Migraines Chronic constipation Diarrhea Sedentary lifestyle Polyps Uterine fibroids |